

# COUNTY OF SAN BERNARDINO PRESCHOOL SERVICES DEPARTMENT POLICY

NO. 01

ISSUE 1

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**EFFECTIVE:** 

**07-01-09** Updated

SUBJECT:

Trauma Loss & Compassion Support for Children (TLC)

APPROVED:

10-19-10

BY: Ron Griffin, Director

#### **PURPOSE**

An Early Intervention Program that supports young children coping with Trauma and Loss.

# **POLICY**

Grantee and delegate agencies must work collaboratively with parents by:

- 1. Soliciting parental information, observation, and concerns about their child's mental health. Design and implement program practices responsive to the identified behavioral and mental health concern of an individual child or group of children.
- 2. Discussing how to strengthen nurturing, supportive environments and relationship in the home and at the program.
- 3. Supporting parent's participation in any needed mental health interventions.

# REFERENCE

Head Start Performance Standards 1304.2424(a)(1) (i-vi),1304.24(a)(2),1304.24(a)(3)(i-iv)

#### **PROCEDURE**

# How to Refer for Social Emotional Concerns for TLC:

The referral process is the first part of the initial step in linking those with Social/Emotional Behavioral concerns with services. The referral process is extremely critical in that it provides documentation of the needs or concerns. By correctly utilizing the referral process, we can ensure that our children, families and staff are provided with Behavioral Health Services in a timely efficient manner that accurately meets their needs.

#### **Before Enrollment/After Enrollment:**

If application package indicates concerns with ASQ'SE or the child's Social Emotional Development, you are going to make a referral prior to enrollment with the following information attached to a **Confidential Referral** from **COPA**.

- Parent interview for suspected Disabilities
- A copy of Medical History Profile
- Permission for Release of information
- A copy of ASQ with scoring Sheet
- Any supporting document(IEP ,report)

Referral should be documented on DIF and teacher will be given the health file along with ASQ referral on or before first day of school.

A meeting will be scheduled by Behavior Specialist with the parent and child prior to enrollment to identify the child /Family needs. If a need occurs the Behavioral Specialist will complete the following with the parent:

- Fill Out a referral Form/Family contact information
- Informed Consent Form Signed
- Parent Complete BASC
- Teacher Complete BASC
- BASC Observation Form Completed
- Child Assigned to Group
- Parent Support Group provided

# THE CHILD SUPPORT GROUP:

Will be held for 10 consecutive weeks at child's school. The child will be taken out of their classrooms for 90 minutes structured support group once a week in which the child will be invited to share feeling, thoughts and stories. Participation will always be optional and no child will ever be pressured to talk or complete an activity.

# THE PARENT SUPPORT GROUP:

Will be held 60 minute for parents and/or caretakers of the children participating in the TLC group. It is an optional group that will occur for the 10 weeks that a child participates in TLC group. Parents presence in the group is not required for your child to participate in TLC group .The group will be held at child's school designated time.

#### PROVIDERS:

Dr. Kiti Freier-Randell and Pam Dobbins are pediatric psychologists with an extensive background in working with preschool-age children. They will be organizing and providing these groups.

# **PSYCHOLOGICAL ASSESSMENT:**

Will provide an initial assessment of the child in order to understand the child better before they begin the group. The same assessment will be completed at the end of the group

#### **CONFIDENTIALLY:**

Confidentiality helps create a safe environment for children to share their feelings, thoughts, and stories. The Preschool Services Department (PSD) will honor a child's confidentiality .All information disclosed within these sessions is strictly confidential and may not be revealed to anyone outside TLC staff without written permission from the parent.

Confidentiality will also be asked of parents and/ or caregivers who participate in the parent support group as this will help develop an atmosphere of trust. Importantly, confidentiality will be broken if a safety issues arise. The only exceptions to confidentiality are when disclosure is required or permitted by law .Situation required or permitted by law typically involved substantial risk of physical harm to oneself or to

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